

CB-BK WE1 2026: Session: 1: COACH Evaluation sheet for TEAM: ALZV

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Pinte Kevin HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M FREESTYLE WOMEN 13-14					Heat:9, starttime: 08:53
Heat: 9/14 Lane : 7 Athlete: VAN ROY ONAH					Q-time: 02:22:55
PB (50m pool): 02:31.41 Gent 08/02/2026					PB (25m pool): 02:22.55 SB: 02:31.41 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:11.41	no time	02:31.41	
	no time				
					

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11-12					Heat:1, starttime: 09:51
Heat: 1/20 Lane : 5 Athlete: PINTE ELLA					Q-time: 03:14:30
PB (50m pool): 03:39.24 Zwembad Brigitte Becue 30/05/2025					PB (25m pool): 03:14.30 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:46.29	01:45.37	02:51.38	03:39.24	
	00:46.29	00:59.08	01:06.01	00:47.86	
					

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11-12					Heat:14, starttime: 10:38
Heat: 14/20 Lane : 3 Athlete: NECULAE MARIA IULIA					Q-time: 02:55:63
PB (50m pool): 03:09.24 Zwembad Brigitte Becue 26/04/2026					PB (25m pool): 02:55.63 SB: 03:09.24 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.59	01:30.36	02:27.81	03:09.24	
	00:36.59	00:53.77	00:57.45	00:41.43	
					

Coach feedback:

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Event number: 4: 100M BACKSTROKE MEN 11-12				Heat:9, starttime: 11:22			
Heat: 9/12 Lane : 2 Athlete: WAGEMANS DAAN				Q-time: 01:20:84			
PB (50m pool): 01:20.84 Lago Gent Rozebroeken 03/05/2026				PB (25m pool): 01:20.94 SB: 01:20.84 Lago Gent Rozebroeken 03/05/2026			
	5 0 M	1 0 0 M					
PB	00:41.02	01:20.84					
	00:41.02	00:39.82					
							

Coach feedback:

Event number: 5: 100M BUTTERFLY WOMEN 13-14				Heat:4, starttime: 11:36			
Heat: 4/6 Lane : 6 Athlete: VAN ROY ONAH				Q-time: 01:12:31			
PB (50m pool): 01:12.31 Lago Gent Rozebroeken 03/05/2026				PB (25m pool): 01:09.90 SB: 01:12.31 Lago Gent Rozebroeken 03/05/2026			
	5 0 M	1 0 0 M					
PB	00:33.16	01:12.31					
	00:33.16	00:39.15					
							

Coach feedback:

Event number: 7: 4x100M MEDLEY MIXED 11-12							Heat:2, starttime: 12:39	
Heat: 2/3 Lane : 4 Athlete: TEAM ALZV 1							Q-time: 05:34:37	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: